

The Future of Work

Navigating the post-pandemic workplace



-
- Sept 10, 2023



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- Nov 1, 2023



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- Nov 2023



Why do you work?



“The delusive idea that men merely toil and work for the sake of preserving their bodies and procuring for themselves bread, houses and clothes is degrading.”

“The true origin of man’s activity and creativeness lies in his increasing impulse to embody outside of himself the divine and spiritual element within him.”

Friedrich Froebel



A Way Forward

- No one is coming to save you

Optimizing our experience of work requires that we:

- Cultivate meaningful connections with others
- Cultivate a deep connection with ourself
- Learn to be vulnerable



Your employer can't
save you



Build Meaningful Connections



Personal reflection

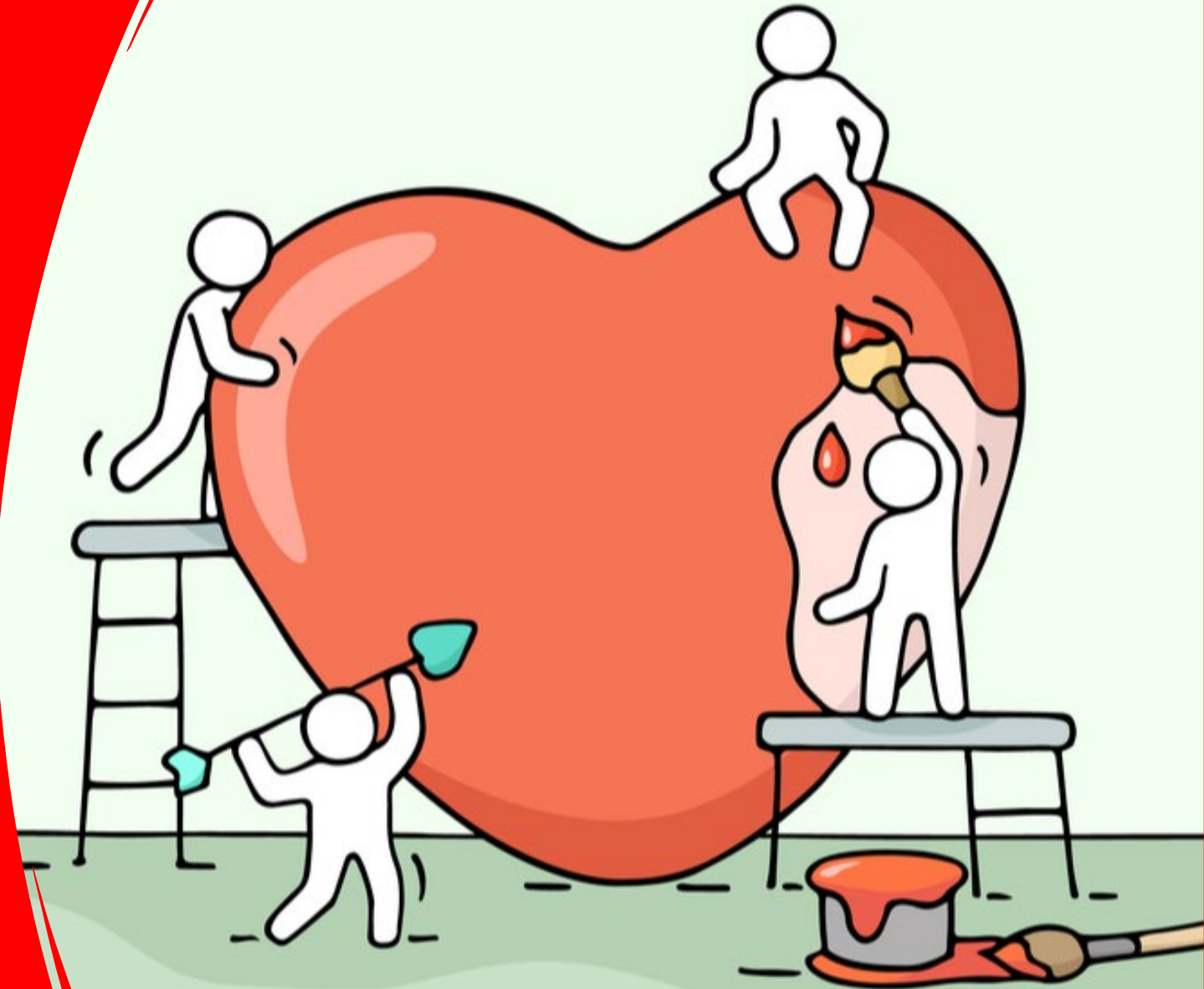


Vulnerability



*“We cultivate **love** when we allow our most **vulnerable** and powerful selves to be deeply seen and known, and when we honor the spiritual connection that grows from that offering with **trust, respect, kindness and affection.**”*

Atlas of the Heart – Brené Brown





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